



Nicole Duchrow, MScN, RN and HQI

Tell us why you are seeking a Board of Director position (max 100 words):

Providing my expertise to the Critical Care service across Canada, representing the Central region on the Board of Directors has been a goal of mine. Having been very involved in Critical Care for the majority of my career, including being an active member of CACCN provides me with the knowledge and awareness of the mission and purpose of CACCN Board Of Directors. My current area of experience and expertise in Critical Care leadership and connections within the Critical Care sector of healthcare perfectly aligns with the direction of the association.

CACCN / Volunteer Involvement (max 250 words):

1. Ottawa Chapter membership s 2. CACCN Dynamics Conference Planning Committee 2022 - Windsor 3. Abstract submissions for 2 Dynamics committees 4. Winner of the Spotlight Challenge Award winner 2018 5. Chapter liaison for Brockville General Hospital 2017-2022 6. Board of Director Experience: Nursing Leadership Network (NLN) 2017-2022, Community Living of Kingston: 2018-2022

Personal Statement (max 500 words):

I am a Registered Nurse from Ontario. My entire nursing career has been in Ontario. I have worked at both the community hospital setting and the tertiary care setting. In my current role, I have the privilege of providing director support to small and rural hospitals which has provided me a great deal of knowledge on the rural medicine challenges including managing high acuity care, trauma and critical care transportation in the rural setting. I mention this because the role and services of Critical Care go beyond the traditional tertiary care setting. The nurses who work in small and rural centers, in northern areas of this country face immense pressure and fortitude when faced with high stress trauma scenarios. My hope in joining the Board of Directors for CACCN is to continue to advocate for Critical Care services in northern and rural settings. I have a

Critical Care certificate. I have a Masters in Nursing Science and Healthcare Quality Improvement. I wrote my thesis on the safe staffing levels in critical care. I had the great honour of presenting my thesis subject at the 2021 ICN conference - virtual. My research at the time indicated a great need to continue to focus on safe staffing levels. This is particularly crucial now and more pertinent given the challenges faced with nursing staffing levels and the experience level of critical care workforce. It would be my pleasure to participate, advocate and volunteer my time and experience the CACCN Board of Directors.