



CELEBRATING
40 YEARS
OF
CRITICAL CARE NURSING EXCELLENCE

CANADIAN
ASSOCIATION OF
CRITICAL
CARE
NURSES



ASSOCIATION
CANADIENNE DES
INFIRMIÈRES ET DES
INFIRMIERS EN
SOINS
CRITIQUES



CACCN *Critical Connections* Bulletin

March 2023

Upcoming Events

<https://caccn.ca/upcoming-events/>

- March 19** Certified Nurses Day!
- March 30** Webinar: Mentorship Series Session 1: *Mentorship & Preparation*
OPEN to **ALL**. Seats will be allocated to CACCN Members first and then Non-Members.
- April 13** Webinar: *Intra-abdominal Hypertension: Back to the Basics*
- April 25** Webinar: *Building Partnerships in Crisis*
- May 1** Save the Date! *Education Day: Lord Elgin Hotel Ottawa, ON*
- May 8-14** Nursing Week
- June 01** Awards, Grants and Bursary Deadline
- June** Cdn CC Nursing Conf – Early Bird Registration Opens
- June 08** Webinar: Mentorship Series Session 2: *Preceptorship*
- June 22** Webinar: *Preparing to Publish.*
OPEN to **ALL**. Seats will be allocated to CACCN Members first and then Non-Members.
- August (mid)** Cdn CC Nursing Conf – Early Bird Registration Closes
- September 7** Webinar or Journal Club
- September** Cdn CC Nursing Conf – Registration Closes
- September 25-27** Canadian Critical Care Nursing Conference
- October 12** Webinar: Mentorship Series Session 3: *Work Environment*



NEW & RENEWING Members!
Thank you for participating
and supporting your
Specialty Nursing Association!

SPECIALTY NURSING CERTIFICATION Application Timelines

Spring Exams

January 11 – March 31, 2023

Fall Exams

June 5 – September 30, 2023

Renewal by CL

January 11 – December 16, 2023

<https://www.cna-aiic.ca/en/certification>

CERTIFICATION BURSARY

Be sure to provide the Canadian Nurses Association (CNA) with permission to share your contact information with the CACCN – for an opportunity to win a bursary!

<https://caccn.ca/awardsandrecognition/>

CERTIFICATION MIP AWARD DRAW 2023

Deadline September 1 @ 1159 hrs ET

Valid for 2023 critical care specialty nursing examination or renewal.

Criteria

<https://caccn.ca/awardsandrecognition/>

Apply now:

<https://tinyurl.com/Cert2023MIPDraw>

Happy

Certified Nurses Day

March 19



Congratulations

to the 15,000+ certified nurses in 22 nursing specialties across the country!



Certified Nurses Day is an International Day of Recognition celebrating the contributions of certified nurses to the advancement of the nursing profession and their commitment to nursing excellence and continuing competence.

In celebration of **Certified Nurses Day** on March 19, the **Canadian Association of Critical Care Nurses (CACCN)** thanks and acknowledges our certified members for pursuing and maintaining your Canadian Nurses Association certification in Critical Care (CCNC(C) / CCNCP(C)). You are one of over a thousand critical care nurses in Canada to hold this prestigious national credential. We also congratulate those who hold certification in other specialty areas. Well done!

Over the past few years, nurses and our healthcare partners have shouldered an enormous burden of the COVID-19 pandemic. CACCN's theme of "It's Our Time" and "Extraordinary Every Day" was on point! It truly was our time and you and your colleagues truly are Extraordinary!

On March 19, be proud of all you have achieved and endured! Wear your CNA certification pin and show your patients, clients, colleagues, and employer that you **Care to be the Best** in your specialty.

The CACCN is proud of your achievements and are pleased to partner with the Canadian Nurses Association to support and promote the Certification Program.

Extraordinary
EVERY DAY

MENTORSHIP SERIES - SESSION 1

For new graduates, newer nurses, preceptors & anyone interested in mentorship & preceptorship.

This session is open to **ALL**, however seats will be allocated to CACCN members first and then to non-members.

<https://caccn.ca/upcoming-events/> or QR Code



CACCN Mentorship Series Session 1

PREPARING FOR MENTORSHIP: PUTTING THE PIECES TOGETHER

Presenter

Robin Devey-Burry, PhD, RN

Assistant Professor, Faculty of Nursing, Memorial University of Newfoundland



MARCH 30 @ 1200 HRS ET



REGISTER BY MARCH 28!
[CACCN.CA/UPCOMING-EVENTS/](https://caccn.ca/upcoming-events/)



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COMING THIS MONTH!



The Canadian Journal of Critical Care Nursing

Volume 34
Issue 1
Spring 2023

INSIDE
THIS ISSUE

Debriefing and
Reflective
Interventions to
Address Moral
Distress:
A Narrative
Review.

Improving
Family
Communication
in Critical Care.

Letter to the Editor:
A Feminist
Perspective on Post-
Pandemic Burnout in
Critical Care Nurses.



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Watch for flyer, brochure, and registration in June 2023!
Start planning now to join us in Fredericton, NB
September 25 to 27, 2023

JOIN US
June 22 @ 1200 hrs ET
for a webinar
PREPARING TO PUBLISH!

The **Canadian Journal of Critical Care Nursing (CJCCN)** is an **open access** scientific, peer reviewed scientific critical care nursing journal. **CONSIDER PUBLISHING** - The aim of the Canadian Journal of Critical Care Nursing (CJCCN) is to publish innovative and current research as well as recent clinical evidence related to critical care and critical care nursing. The latter is inclusive of all contexts wherein individuals may experience critical illness including adult, pediatric and neonatal intensive care units, community, acute, tertiary, and quaternary settings, as well as rural and remote settings. Submissions may include any of the following: clinical, education, leadership, management, research, quality improvement, and professional issues related to critical care nursing. <https://cjccn.ca/aim-scope-guidelines-for-authors/>
 Questions: cjccneditor@caccn.ca.

Public Health
 Agency of Canada
 (PHAC)

The **Public Health Agency of Canada** is part of the federal health portfolio.

Its activities focus on preventing disease and injuries, responding to public health threats, promoting good physical and mental health, and providing information to support informed decision making.

Disease Prevention Updates

- [Canadian Chronic Disease Surveillance System \(CCDSS\)](#)
- [Recommendation on Repeated Seasonal Influenza Vaccination](#)

Government News Releases

- [Canada Health Act Annual Report 2021-2022](#)
- [Statement from Minister Champagne, Minister Duclos and Minister Mendicino on protecting Canada's research](#)
- [Government of Canada invests \\$1.5 million to support the mental health of Black](#)

Canadian Nurses Association (CNA)

meets with
**Deputy Prime Minister
 Chrystia Freeland**
**to discuss nursing
 shortages.**

In January, CNA's president and CEO met with Canada's deputy prime minister to talk about recommendations to address nursing shortages and ensure the sustainability of the health-care system.

To strengthen the system, Canada needs to invest in its nursing workforce first.

CNA recommendations:

**SOLUTIONS FOR
 CANADA'S
 HEALTH WORKFORCE
 CRISIS**



Health Canada Santé Canada

Consultation on proposed Agile Regulations and Guidance for the Licensing of Drugs and Medical Devices

Health Canada has recently launched a consultation proposing new targeted provisions and regulatory amendments to the Food and Drug Regulations (FDR) and Medical Devices Regulations (MDR). These will continue to advance the Department's modernization agenda, as well as support the reduction of regulatory irritants and roadblocks to innovation, by making Canada's science-based regulatory system more agile and internationally aligned. The proposal also considers recent experience with regulatory agilities successfully piloted as part of Health Canada's response to the COVID-19 pandemic. Health Canada is seeking feedback on both the proposed Regulations and on multiple guidance documents and notices related to this proposal.

Please visit the [consultation page](#) for more information and to provide feedback. **This consultation is open to March 27, 2023, at 11:59pm Eastern Standard Time (EST).**

Consultation sur le projet de règlement Agile et les lignes directrices pour l'homologation des médicaments et des instruments médicaux

Santé Canada a récemment lancé une consultation proposant de nouvelles dispositions ciblées et des modifications réglementaires au Règlement sur les aliments et drogues (RAD) et au Règlement sur les instruments médicaux (RIM). Ces modifications continueront de faire progresser le programme de modernisation du Ministère, ainsi que de favoriser la réduction des irritants réglementaires et des obstacles à l'innovation, en rendant le système de réglementation canadien, fondé sur la science, plus agile et aligné sur les normes internationales. La proposition tient également compte de l'expérience récente des agilités réglementaires pilotées avec succès dans le cadre de la réponse de Santé Canada à la pandémie de COVID-19. Santé Canada sollicite des commentaires à la fois sur le projet de règlement et sur les multiples documents d'orientation et avis liés à cette proposition. Veuillez visiter la [page de consultation](#) pour obtenir plus d'information et fournir des commentaires. **Cette consultation est ouverte 27 mars 2023, à 23 h 59, heure normale de l'Est (HNE).**



CACCN AWARDS

Open now for applications/nominations.

Deadline: June 1

<https://caccn.ca/awardsandrecognition/>

BBraun Sharing Expertise Award
Presented to an individual who exhibits stellar leadership and mentoring abilities in critical care.

Spacelabs Innovative Project Award
Presented to a critical care nurse or group of critical care nurses who develop a project that will enhance their professional development.

Brenda Morgan Leadership Excellence Award
Presented to a critical care nurse who, on a consistent basis demonstrates outstanding performance in leadership in CACCN and critical care.

Canadian ICU Week Spotlight Challenge
Presented to a group of critical care nurses who develop an activity and/or event to profile their local Critical Care Team during Canadian Intensive Care Week held annually in October.

Chasing Excellence Award
Presented to a critical care nurse who consistently demonstrates excellence in critical care nursing practice.

Graduate Education Bursary
Presented to assist critical care nurses to pursue Master's or Doctoral education with a focus on critical care nursing.

Research Grant
Presented to a critical care nurse who is the investigator of a research study that is relevant to the practice of critical care nursing.



ISMP is a trusted partner in strengthening medication safety through learning, sharing, and acting to improve health care. ISMP collects and analyzes reports of medication errors and other issues so we can learn about the risks related to medications and collaboratively develop strategies to address them. Practitioners, community pharmacies, consumers and caregivers can report experiences with medication errors: <https://ismpcanada.ca/report/>.

Reported Concerns with Labelling and Packaging of High-Alert Medications in Vials and Ampoules: A Multi-Incident Analysis

The Canadian Medication Incident Reporting and Prevention System (CMIRPS) continues to receive reports from practitioners that describe concerns with labelling and packaging. A multi-incident analysis was conducted to better understand current labelling and packaging vulnerabilities specific to high-alert medications provided in vials and ampoules. Error prevention strategies are proposed to complement the recommendations in the Good Label and Package Practices Guide for Prescription Drugs. [Read more...](#)

ISMP Safety Bulletins: [Read now...](#)

FocusRN®

clinical education program

Oral Care: The Missing Piece to the Patient Management Puzzle

Your group just learned the latest evidence surrounding the need to prevent hospital acquired pneumonia. You have a great program for preventing ventilator-associated pneumonia and have successfully decreased VAP rates for a few years. But what about those patients who do not require mechanical ventilation? What are you doing to prevent HAP in those patients? Where do you start to address all patients at risk of developing pneumonia?

Mar 21, 2023 - 11:00 AM ET - Register: [FocusRN](#)
02:00 PM ET - Register: [FocusRN](#)



American
Heart
Association.

The Influence of Social Determinants of Health on Heart Failure

The American Heart Association® (AHA) published innovative research in Circulation: Heart Failure that provided scientific insight into the relationship between heart failure and social determinants of health (SDOH). Our speakers conducted research analysis on the novel Precision Medicine Platform* using the AHA's Get With The Guidelines® – Heart Failure registry data to look at the association of certain social factors on incident heart failure risk, outpatient care and hospital admission and impact to hospital length of stay (LOS) according to race and ethnicity.

March 23, 2023 - 02:00 PM ET
Register: [AmericanHeartAssociation](#)

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We have partnered with **Continulus** so you can access on-demand world expert knowledge - hundreds of **FREE** lectures with leading international experts in Critical Care, Emergency Medicine and more.

As a member of CACCN, you receive **25% off an annual 'core' subscription** that unlocks premium extras. Email caccn@caccn.ca for your discount code.

With the discount code – activate your subscription:

1. Sign up at www.continulus.com.
2. Verify your account.
3. Sign in to Continulus - go to your dashboard.
4. Click the **“Activate subscription using a code”**.
5. Enter your unique code.
6. Go to 'pricing' page - purchase annual 'core' subscription.

www.continulus.com/lp/CACCN



Health
Canada

Santé
Canada

[Bilingual Palliative Care Communication / Tool Kit](#)

Along with newly updated web content on Canada.ca/palliative-care, Phase I will promote understanding of palliative care and a palliative approach to care (i.e., core elements of palliative care provided by those who are not palliative specialists) and encourage health and social service providers to engage in early conversations with their patients. Phase II for the general public is expected to launch in late May 2023. As we launch this first phase of the campaign, we are asking for your support in distributing our educational information and informing your stakeholders of the campaign so that health and social service providers are equipped with tools and information to help support their patients with serious illness.

Nous sommes heureux d'annoncer le lancement de la phase I de la campagne d'éducation publique sur les soins palliatifs qui se tiendra du 7 au 31 mars 2023. En plus d'un contenu Web nouvellement mis à jour sur Canada.ca/soins-palliatifs, cette première phase favorisera la compréhension des soins palliatifs et de l'approche palliative des soins (c.-à-d. les éléments de base des soins palliatifs prodigués par des non-spécialistes des soins palliatifs) et encouragera les fournisseurs de soins de santé et de services sociaux à engager des conversations précoces avec leurs patients. Le lancement de la phase II pour le grand public est prévu pour la fin mai 2023. Alors que nous lançons cette première phase de la campagne, nous sollicitons votre soutien pour distribuer notre matériel informatif et informer vos intervenants à propos de cette campagne, afin que les fournisseurs de soins de santé et de services sociaux disposent d'information et d'outils pouvant les aider à soutenir leurs patients vivant avec une maladie grave.

ARTICLES OF INTEREST

Intensive Care Unit Diaries: A Nurse-Led Program

Critical Care Nurse

https://aacnjournals.org/ccnonline/article-abstract/43/1/20/31968/Intensive-Care-Unit-Diaries-A-Nurse-Led-Program?redirectedFrom=fulltext&utm_source=enews&utm_campaign=article&utm_medium=email

Awake Prone Positioning in Nonintubated Patients with Acute Hypoxemic Respiratory Failure

Critical Care Nurse

https://aacnjournals.org/ccnonline/article-abstract/43/1/31/31969/Awake-Prone-Positioning-in-Nonintubated-Patients?redirectedFrom=fulltext&utm_source=enews&utm_campaign=article&utm_medium=email

Skin Assessment in Patients with Dark Skin Tone

American Journal of Nursing

https://journals.lww.com/ajnonline/Fulltext/2023/03000/Skin_Assessment_in_Patients_with_Dark_Skin_Tone.20.aspx

The relationship between secondary traumatic stress and burnout in critical care nurses: The mediating effect of resilience

Intensive and Critical Care Nursing

<https://www.sciencedirect.com/science/article/abs/pii/S0964339722001306>

Role of Mentorship in the Transition from Registered Nurse to Acute Care Nurse Practitioner in the Cardiothoracic Intensive Care Unit

Advanced Critical Care

<https://aacnjournals.org/aacnacconline/article-abstract/34/1/53/31994/Role-of-Mentorship-in-the-Transition-From>

Transforming Team Culture Through Curiosity and Collaboration: A Case Study from Critical Care

Critical Care: CHEST Review

<https://www.sciencedirect.com/science/article/abs/pii/S0012369223000363>

Using the evidence to decision frameworks to formulate the direction and strength of recommendations for adapted guidelines of physical restraints in critical care: A Delphi study.

Intensive and Critical Care Nursing

<https://www.sciencedirect.com/science/article/pii/S0964339722001859>

Fallen angels and forgotten heroes: A descriptive qualitative study exploring the impact of the angel and hero narrative on critical care nurses

Australian Critical Care

<https://www.sciencedirect.com/science/article/pii/S1036731422002405>

Care practices for patients requiring mechanical ventilation more than seven days in Swedish intensive care units: A national survey.

Intensive and Critical Care Nursing

<https://www.sciencedirect.com/science/article/pii/S0964339722001124>

Professional values and job satisfaction neonatal intensive care unit nurses and influencing factors: A descriptive correlational study

International Journal of Africa Nursing Science

<https://www.sciencedirect.com/science/article/pii/S214139122001196>

The value of simulation-based education in developing preparedness for acute care situations: An interview study of new graduate nurses' perspectives

Nurse Education in Practice

<https://www.sciencedirect.com/science/article/pii/S1471595323000112>

**Couldn't make the live event?
Recordings of the webinars and journal club
events are available!**

<https://caccn.ca/members/national-events-journal-club-webinars/>

